

BUILDING YOUR BEASTIES

Feeling Beastie Field Guide Notes

Think back to the last time you felt frightened and imagine a fright beastie in your place. How do you think it might behave? What sort of things might it do? Continue on the back if you need more room.

FRIGHTENED

n what parts of you	ır body do you feel fright most
trongly?	
Do you think that a	a fright beastie would be easy to
	nt you do to care for it?