



BUILDING YOUR BEASTIES

Field Guide notes on emotion behaviour.

Think back to the last time you felt surprise and imagine a 'surprise beastie' in your place. How do you think it might behave? What sort of things might it do?

Continue on the back if you need more room.

surprise

In what parts of your body do you feel surprise most strongly? _____

Do you think that a 'surprise beastie' would be easy to tame? What might you do to care for it?

