## CHALLENGE ACORN

Embrace challenges ... from small starts, talents and abilities grow. Just Like oak trees sprouting from tiny acorns. Taking on a challenge is a great way to motivate yourself to learn something new, or to make positive changes.

## Climb one branch at a time to reach the top.

## **GROWTH MINDSET POWER-UP**

- Looking at challenges as a way to grow, will make them more enjoyable and meaningful.
- Breaking challenges into small achievable steps will help you feel successful while you're working on them and will motivate you to keep trying.
- The more difficult the challenge, the more satisfying it is to achieve and the more you'll likely gain from doing it!

