

READING TOGETHER IN YOUR CAVE



Find an old shoebox (or a box of similar size) and help your child turn it into a bookshelf. You could decorate using paint or pens or find an old damaged book you don't mind cutting up and gluing on.

Once completely dry, put it in a corner of your yeti cave and help your child find some of their favourite book to put inside.

Reading together inside your cave will hopefully encourage even reluctant readers to participate. Taking the time to read together will really help boost your children's emotional wellbeing as cuddling and cosying-in releases Oxytocin, a neurochemical that helps your child experience feelings of love, bonding and wellbeing.

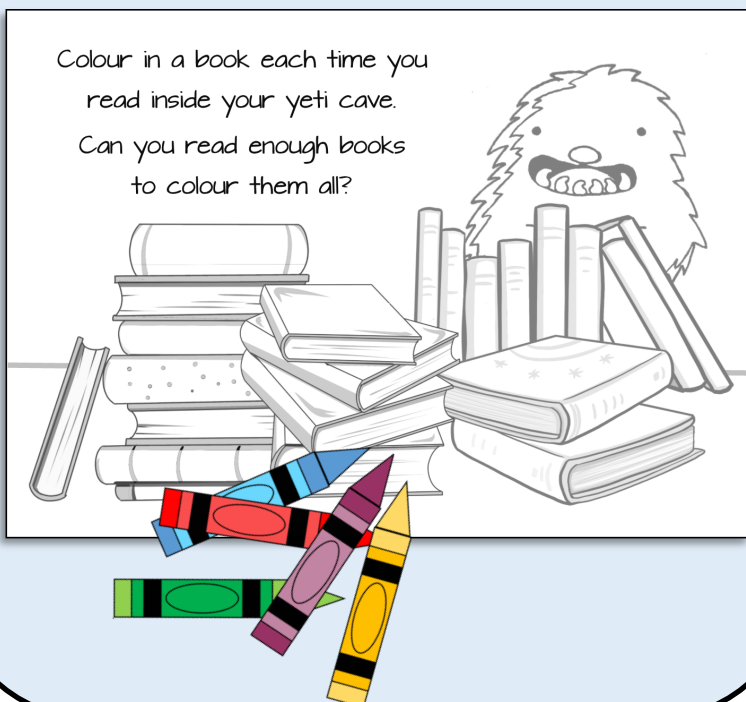
You could take advantage of the opportunity to set aside time to read something special together - you could visit Hogwarts with Harry Potter, walk through the wardrobe into Narnia or visit 100 Acre Woods with Winnie the Pooh!



Print out your 'Yeti Reading Log' and colour a book every time your child finishes a story.

Colour in a book each time you read inside your yeti cave.

Can you read enough books to colour them all?



Try adding a torch or switch on Fairy Lights for an extra incentive to read.



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